



THE CONNECTION

April 5th, 2016

...informative and educational updates from Carol,
please share with family and friends... they'll be glad you did!



Arizona..... don't we wish!

BREAKTHROUGH! BREAKTHROUGH!

A vestibular system in the inner ear showed up last weekend and is connected to many system malfunctions and challenges. Here are two:

- **Autonomic nervous system** regulates all the workings your body should do *automatically* and without a conscious thought like breathing, normalizing blood pressure, heart beat/pulse, core temperature, respiration, the wavelike action of peristaltic action in the esophagus, stomach, intestines, colon, blinking, swallowing, fight-flight, and more.
- **Gland of Regeneration** — a tiny gland hidden behind the liver that supports longevity!

Suggest: SoulPower 10 h.d. for 3-7 days

KEEP US IN THE LOOP!



“The body electric”...I was awakened with those words that morning and knew intuitively they had to be added to **VitalityPlus** — a book by that name is on my bookshelf! The truth is, the areas of the body where the chronic issues are found continue to warn us that the brain, the body’s Holographic Electronic System is **short-circuiting** out.

The 75 trillion cells of the human body are actually tiny batteries that function using hydroelectric energy for cellular self-repair. An energy field is generated by these cells when they are healthy; it’s referred to as your **aura**, a ten-foot-wide field surrounding a healthy person’s body. For those struggling with illness, the **aura** shrinks until non-existent because cells are out-putting little or no energy. A one-foot or less surrounding **aura** means the body is close to shutting down. **Caught in time, this condition may still be able to be reversed** using the 9-week *AltWaters™* System.

The **Axiatonal Lines**, that invisible grid that provides the cells with universal energy/life force and is responsible for all repair/regeneration, *may be damaged or blocked*.

Add to this, the cells that are compromised by exposure to chemicals, meds, electric, or body/emotional trauma, and the *interactions between them*, and the result is *short-circuiting of the body’s electrical field*, a *given* conclusion.



Aaa-chooooo! Allergies making your life miserable? Do you have a drippy nose, itchy-watery eyes, and wheezy respiration? We know that if mucus membranes and the nervous system are healthy they are not hyper-reactive to pollens or other irritants, the reason why some people have allergies while many others do not.

HOT TIP: If you're resisting over-the-counter (OTC) drugs, try **BreathOfLife** from our SinglesLine. **Inflammation** helps reduce the swelling of the mucus membranes. Adding a pinch of BioSalt to either of these formulas to use for irritated "allergy-eyes" is very soothing — a single drop in each eye as needed.

Check these...

1. Cell hydration — are you drinking enough water, one-quart minimum?
2. Medication (even over the counter) build-up in your system sensitizing mucus membranes and nerves?
3. Could it be psychological — knowing this is the season you always have allergies?

Check in with us!

NOTE: We have a great article about allergies and asthma online that begins:

Allergies Got You Down? — Again?

Carol Keppler, M.EI

Join the crowd! One out of four Americans suffer (and that's the right word, "suffer") from some form of allergies. Every year the problem seems worse...Why?

As usual, the answer is simple. Since not everyone has allergies, it can't be the pollen, animal dander, or mold. The truth is that the human body is breaking down, specifically the mucous membranes and nerves which are raw and inflamed, and therefore over-reacting to the environment.

Loss of time from work and the on-the-job misery during allergy season finally attracted the attention of the government and "National Allergy/Asthma Awareness Month" appeared on our calendars.

Read the rest of the article: www.altwaterstech.com/content/PDF/AllergiesgotYouDownAgain.pdf
All Carol's articles: www.altwaterstech.com/articles-by-carol

Living to 100 ...it's easier than you think! It's been in the news over and over again; men and women happily celebrating their birthdays at 101, and older. And don't we love to hear it?

Dr. William Hall, of the University of Rochester, thinks it's because doctors are aggressively treating older folk's health problem with more sophisticated medications. I work with these "elders", ranging in age from about 70 to going on 95 years old (that sounds strange). I'm 82 and I'm on no meds at all and neither are those who've discovered the secret of deep cellular cleansing. I'm referring to those who have completed the *AltWaters™* 9-week System. When the cells are cleaned, and continue to be kept clean, they function perfectly — *no meds needed*. There's really no reason we shouldn't live to 100 or longer!



87-year-old Yvonne Daul figure skating!



105-year-old Hidekichi Miyazaki runs the 100 meters in Kyoto, 9-23-15, the day after his birthday!

Living to 100 ...it's easier than you think

Carol R. Keppler, M.EI

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Dr. William Hall, of the University of Rochester, thinks it's because doctors are aggressively treating older folk's health problems with more sophisticated medications. I work with these "elders" ranging in age from about 70 to going on 95 years old — I'm 82 and I'm not on any meds at all and neither are others who have discovered the secret of deep cellular cleansing... learn more by reading the complete article: www.altwaterstech.com/content/PDF/3-LiveTo100-3-30-16.pdf

All Carol's articles: www.altwaterstech.com/articles-by-carol

Broadcast from Bali

Carol Keppler interviewed

...by Patty Malek

Editor of *Soul Life Times Magazine*

“Live to 100... it’s easier than you think!!”

Learn the secrets of “de-aging” through knowing:

- The difference between your actual age and biological age
- The depth of your aura (normally 10 ft.)
- And much, much more!

BE THERE!

Wed. April 13th ... 5pm Mark Your Calendar!

2pm HI / 5pm PT / 5pm AZ / 6pm MT / 7pm CT / 8pm ET

Call in 5-10 minutes early!

Phone: 425-440-5100 / Conference ID: 765911#

Webcast online: www.soullifetimes.com

Go to top Header: Soul Talk Show

Drop Down to LIVE EVENT

Intuition — Use it or lose it



They call it “ChemTrail Flu”...we call it “germ warfare”; experimental broadcast of “germs” (by who knows who) has our healthy people calling in with a variety of symptoms; ***nausea, vomiting, achy-all-over including the head!***

More information on the interesting phenomenon of planes decorating the skies with stripes (all over the world, not just the USA).

Learn more from one of several groups that track ChemTrails at: <http://carnicominate.org/wp>

Use an intuited “true” or “false” for these 6 questions to check our answers!

Question:

Answer:

1. Chemtrails are causing symptoms listed above (1st paragraph)._____False
2. Chemtrails were a viable problem at one time. They are no longer a threat, just a waste of taxpayer dollars._____True
3. Broadcasting the frequencies of “germs” could be used to cause symptoms mimicking an illness_____True
4. A broadcast illness can be *neutralized* using deep cellular cleansing._____True
5. This may be the answer to our *yearly flu season*._____True

Hmmmm.....

PS: No worries if you have completed the *AltWaters™* System and are using the Preventive Maintenance. Just do the full dose of **SoulPower**. Suggest: 10 h.d. for 3 to 7 days — intuit.

It's walkin' weather... We were just thinking of the difference in walking that happens with age; don't let it happen to you! The short shuffling steps of our elders, bent forward with eyes on the ground — it takes time to learn that pattern, but it's faster and easier to unlearn it.



Before this happens to you, begin the brain retraining as you walk using these words:

1. Tuck in the **butt**
2. Suck in the **gut**
3. **Shoulders** back
4. **Chin** up

Then: roll foot from heel-to-toe/heel-toe. When your heel hits the ground, the foot rolls up to the toe.

As the body straightens up and your posture improves, equilibrium improves and stride becomes smoother and easier. Soon the words become thoughts, then become habit without having to concentrate. Now your walk is not only healthy but safe — no more stumbles or falls which so often plague elders.

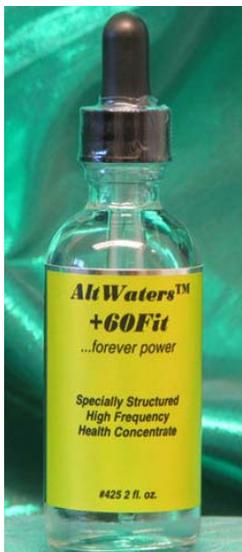
Add a dog and you'll have yourself a cardiac workout. And with your brain retrained — a win-win-win situation!



+60Fit (2 fl. oz.)

...forever power

It is more and more accepted in this society that "60" is the new "40" as both men and women embrace a **healthier lifestyle to keep up with the new emphasis on "youthing"**. Add this formula to your *exercise plan and a good natural diet with plenty of pure water*. With **+60Fit** you'll get a good start to the de-aging process. For a quick start, consider the *AltWaters™* 9-week System of deep cellular cleansing.



- Subtle vision & hearing upgrades
- Digestion improvement
- Healthier Skin & hair
- Minimizes aches & pains
- Feelings of depression fading
- Noticeable stress relief
- Helps maintain a "FIT" physical body
- Noticeably better strength & endurance levels
- Provides optimum benefit from workouts
- Boosts energy level
- Retains clarity in thought processes
- Allows for emotional stability
- Slows down the aging process
- Increased stamina/strength with addition of HGH (HGH: Human Growth Hormone)

NOTE: We welcome your comments.

Any of the SinglesLine formulas may be used together in the same quart of pure water and are safe for anyone at any level of health.

Use 10 half-droppers of **+60Fit** in a quart of pure water, not distilled or tap. Drink over an 8-hour period daily for 3 to 7 days.

Sensitive? A very small number of people may be hypersensitive due to electrical overload therefore using this formula allows the release of chaotic electric too quickly. This is not harmful, but can be uncomfortable often times feeling headachy and having feelings of anxiety. Slow the process to 1 half-dropper of formula (or if hyper-electro-sensitive, 1-3 drops) to 1 quart of water. If you have questions, please call for more personalized, individualized directions.

Maintenance: Use 1-2 half-droppers daily.

Questions? Concerns? Stories of Wellness?



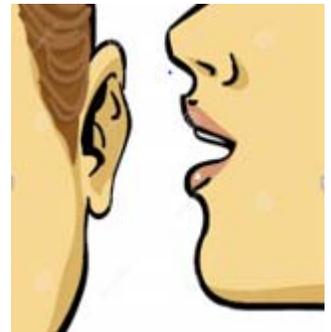
"I'm fine with the exception of one item which is that I am having terrible **peeling, breaking fingernails**. This started after going off meat in my diet last May (2015), and also when starting the *Altwaters™* System. Help!! My hands are in front of me in the public all the time as I do Wine and Spirit Demos!"

Linda N., Bradenton, FL

Carol's Comment:

Hi, Linda — your body is not taking up the calcium available in **Regeneration Daily** because the "receptor sites" in your cells are blocked by an infection. **Suggest** you do **VitalityPlus**, works on mid-level infections. Use 10 half-droppers for 3 days which should take the nails to +360 — your Circle of Life or "radical wellness". It will take a bit of time as the new nails grow out. before you notice a "shift". Since many infections are systemic, there may be other areas that are struggling with the same infection — I'm getting 3, all of which should clear.

Tell a friend...
if they purchase the 9-week *AltWaters™* System,
YOU get a \$27 **referral fee** credit
toward your future purchases of *AltWaters™* products.





Mother Teresa says: "DO IT ANYWAY"!

PEOPLE ARE OFTEN UNREASONABLE, ILLOGICAL AND SELF-CENTERED;

Forgive them anyway.

IF YOU ARE KIND, PEOPLE MAY ACCUSE YOU OF SELFISH ULTERIOR MOTIVES;

Be kind anyway.

IF YOU ARE SUCCESSFUL, YOU WILL WIN SOME FALSE FRIENDS AND TRUE ENEMIES;

Succeed anyway.

IF YOU ARE HONEST AND FRANK, PEOPLE MAY CHEAT YOU;

Be honest anyway.

WHAT YOU SPEND YEARS BUILDING, SOMEONE COULD DESTROY OVERNIGHT;

Build anyway.

IF YOU FIND SERENITY AND HAPPINESS, THEY MAY BE JEALOUS;

Be happy anyway.

THE GOOD YOU DO TODAY, PEOPLE WILL OFTEN FORGET TOMORROW;

Do good anyway.

GIVE THE WORLD THE BEST YOU HAVE, AND IT MAY NEVER BE ENOUGH;

Give the world the best you've got anyway.

YOU SEE, IN THE FINAL ANALYSIS, IT IS BETWEEN YOU AND GOD;

It was never between you and them anyway.





**“If you judge people,
you have no time to
love them.”**

- Mother Teresa

**“Blessed Teresa of Calcutta”; 1910- 1997
Roman Catholic Sister & Missionary.
She was Albanian, but lived her life in India.**