



# The CONNECTION

March 3<sup>rd</sup>, 2016

*informative and educational updates from Carol,  
please share with family and friends... they'll be glad you did!*



**Still Sick?** A big piece of the wellness puzzle was found in the book, *The Body Electric*, by Robert O. Becker. Through the *AltWaters™* deep cellular cleansing process we restored the **harmonic electric body** and the **holographic electronic system (brain)**. Now we've added the **L-Field — the field of life**, an electromagnetic field around each of the body's 75 trillion cells. This explains why cellular frequencies can be "read" by an intuitive for reporting latent illnesses. And our long sought after *block to cell communication* has been resolved for when cells can no longer talk together, neither can they complete the healing of damaged (or dead!) cells. What an amazing body we have...

You've done everything right for years on end, but something is missing. WHAT? We may have an answer to that, too, it's **cognitive dissonance**; *a long-held thought or belief, however innocuous, often becomes a psychological block to success, whether financial, relationships, or health.*

All of the above can now be accomplished with **SoulPower**/10 half-droppers and for most, only 3 days. (Note: Intuit! And as always, those who have completed the *AltWaters™* System will notice greater benefit than those who haven't).

**FAST. EASY. ACCURATE!**  
plus  
**a 10% discount**  
**for new online ORDERS**  
**(limited time)**

**ARE YOU A "ZOHAR"?** Over 35 years of diligent research, and working together alongside of literally thousands of you on so many different levels of un-wellness, we discovered three body types: **Sensitive** and **Strong** constitutions which compromise the greater share of the world's population (see list of attributes for each: [www.altwaterstech.com](http://www.altwaterstech.com)). Then we found the **Zohars** — super sensitives with lifetimes of struggle behind them — amazing people each with a grand Soul's Purpose.



On February 1<sup>st</sup>, 2016, Planet Earth was hit with *Inter-Galactic Electric*, seriously affecting the Zohars. An email notification ("Calling all Zohars") was sent out on February 11<sup>th</sup>, to provide everyone with an overview and give support, reassurance, and pertinent details. If you think you may be a Zohar, email Carol for more information, explanation, and help.

**Zohars in the news...**these are also Sensitives plus Master-Genius, and Indigo (excellent info about Indigo type here: <http://in5d.com/indigo-adult-characteristics>)

- 9 US Chief Justices including Antonin Scalia, who passed 2-13-16
- Pope Francis
- Actor, Gene Kelly – to be featured at the Sedona (Independent) Film Festival

We received emails responses from some of our Zohars after sending out the Zohar Health Alert. Interesting, how many of you had already felt the hit on that Monday February 1<sup>st</sup>?

**It's Rattlesnake season in Arizona...**so for these and other venomous snakes including Vipers, Copperheads, and Cottonmouths, in all parts of the world, **keep Emergency with you** — not just for snake bites, but any other health crisis..

If a snake gets you, do this:

1. **Emergency** 5 half-droppers immediately in the mouth for detoxing "-1000" venom to "-1".
2. **VitalityPlus** 5 half-droppers and again in 4 hours.
3. Plus get medical attention ASAP — *although you may not need it.*

An article in the Arizona Republic newspaper estimates the cost of one vial of rattlesnake anti-venom at \$12,400 with up to 12 vials necessary for recovery. Other sources say cost can exceed \$20,000 per vial. One boy in Florida needed close to 80 vials, that's over \$1.6 million! (gulp!)



**Emergency** has also been used for other poisonous insect/animal bites, seizures, heart attacks, and lightning strikes!



Get your **All-natural FirstAid Kit** by *AllWaters™* **NOW**

**EARLY Spring Special: 4 formulas \$100 (regularly \$120)**

- ✓ **Emergency**
- ✓ **NoPain/NoItch**
- ✓ **Inflammation**
- ✓ **Transitions**

**Hot Tip:** Read the enclosed, **YELLOW** instruction card as soon as you receive your **FirstAid Kit** so you'll *be prepared in case of an unforeseen emergency.*

And don't forget to pack your **FirstAid Kit** in your traveling bag for any away-from-home trips you take — you'll be glad you did.

## **It's in the NEWS — or from an Article, Book, Research, or Lecture!**

### **"WHO: Zika Virus Spreading 'Explosively' in the Americas" (USA Today 1/29/16).**

Zika, another "pandemic" planned for the masses? AIDS from monkeys, Hanta Virus from mouse droppings, then West Nile virus and Zika, (both "transmitted by mosquitoes, infected blood, and sexual contact"), have been added to the pandemic list.

**Note:** "WHO" is the World Health Organization



### **Carol's Comments:**

"Safety" will come by way of another vaccine/chemical for the body to deal with. Most pharmaceuticals are now going to market with toxicity levels of "-1000" that could kill us before they kill any microbe. And guess who owns the Zika vaccine patent? None other than the *Rockefeller Corporation*. More about this at: <http://wakeup-world.com/2016/02/10/zika-virus-latest-actor-in-the-fake-pandemic-play>).

**FYI:** we refer to the above referenced website for its great research and information, the link: [www.wakeup-world.com](http://www.wakeup-world.com) (also on Facebook).

We also want to share another website we regularly check (see insert) to keep ourselves updated about on-going investigations, as well as current and late-breaking articles concerning the health and well-being of people, animals, and our environments: [www.realfarmacy.com](http://www.realfarmacy.com) (also on Facebook).

**Reminder:** Vaccines and other drugs are "chemical" and *all chemicals are acid-based, the perfect terrain for microbes to thrive.* Cleanup your terrain with the 9-week *AllWaters™* **System** and stay clean with your **Preventive Maintenance.**

**Mike Adams, the "Health Ranger"... a Sensitive/Master-Genius/WiseOne.**

Mike Adams reports on his website that the chain of the well-known **Chipotle** restaurants "e-coli outbreak" was discovered right after Chipotle announced its new anti-GMO (Genetically Modified Organism) menu! *Hmmmmmm*. Here and on Facebook: [www.naturalnews.com](http://www.naturalnews.com).

Note: Adam's website has a 99% accuracy rate!

*He is the founder, owner, and Editor of NaturalNews.com, one of the internet's most-trafficked natural health news and alternative medicine websites. According to Mike, his interest in alternative nutrition was sparked by developing **type II diabetes** at the age of 30... and "completely curing" himself using natural remedies. He is a raw foods enthusiast and holistic nutritionist.*



*BreathOfLife (2 fl. oz.)  
...for bronchial support*



If you've ever had trouble breathing, you know how stressful and scary it can be. This formula is helpful, however it's important to deal with the underlying cause. Call for an **Intuited QuickScan to discover the "root cause"** of any breathing problem, or potential breathing problem.

- Calms coughing due to mucus drainage
- Difficulty breathing due to sinusitis
- Helps "catch your breath" when anxious
- Inflammation of mucus membranes
- Breathing at a high altitude
- Thins mucus for easier clearance
- Helps with **ALLERGIC** reactions\*
- Shortness of breath from exercising
- AC filters in house/vehicle too dirty

**NOTE:** We welcome your comments.

*Any of the 35 **SinglesLine** formulas may be used together in the same quart of pure water and are safe for anyone at any level of health.*

Use 10 half-droppers of **BreathOfLife** in a quart of pure water, *not distilled or tap*. Drink over an 8-hour period for 3 to 7 days.

**Maintenance:** As needed 2 half-droppers in a quart of formula water daily, and 2 extra half-droppers during the evening.

**Sensitive?** A very small number of people may be **hyper-sensitive** therefore using this formula allows the release of chaotic electric too quickly. This is not harmful! But can be uncomfortable (headache/feeling of anxiety) Slow the process to **1 half-dropper of formula (or if hyper electro-sensitive 1-3 drops)** to 1 quart of water. Or call for personalized directions.



\*Here's a link to a short article explaining why Energy Medicine/Vibrational Medicine, can address an allergy/breathing problem at the "root cause", even if elevated to a chronic condition. <http://www.altwaterstech.com/content/PDF/AllergiesgotYouDownAgain.pdf>



## What's Cookin'? And WHO's Cookin' it?

### Our resident "Chef-ess", Terry, that's WHO!

Hello everyone!

I want to tell you two of my favorite cookbooks. I used to have a lot more, but I don't eat like many on this planet anymore, so goodbye they've gone ...ha ha.

The first one is **Vegan Planet, by Robin Robertson**. It is a huge book (400 pages), and is a good first step if you're interested in trying vegan cooking. **Veganism** is a type of vegetarian diet that excludes meat, eggs, dairy products and all other animal-derived ingredients. Of course, there is a wide array of different ways people choose vegan, and what to include and exclude, it's your choice. I have made many recipes in this book and really enjoyed most of them. As usual, I change recipes to my liking. I'm like a mad scientist in a lab!

The second one is **Raw Food Made Easy for 1 or 2 People, by Jennifer Cornbleet**. Since I only cook for myself this works for me, yet if you have a significant other (yea!) enough for two. Easy and simple. I have also made many recipes in this book, and again delicious! This book takes the guesswork out of trying something new and raw, and she makes it super easy!

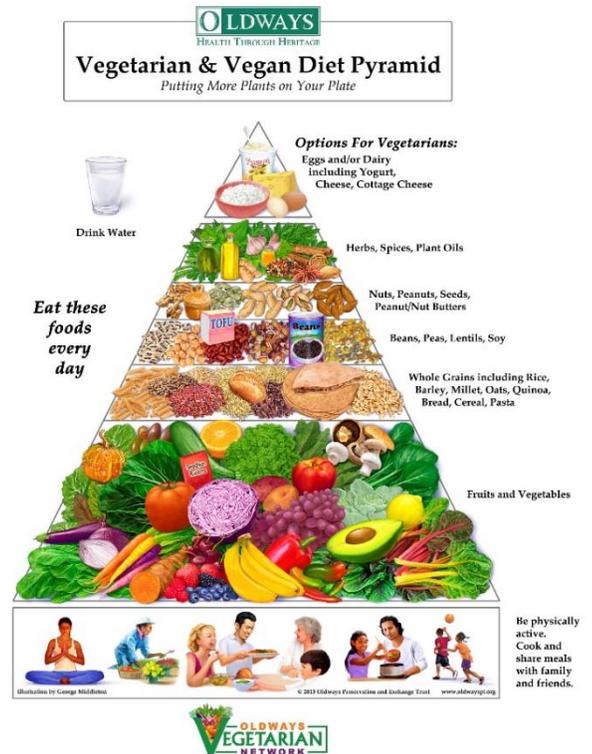
Carol says **Ani's Raw Food Kitchen, by Ani Phyo** is another great book for those willing to try to add interesting raw goodies to your diet. I love to eat this way for me — my body loves the way I eat! Your body really does speak to you...*are you listening?*

**Dining in the Raw, by Rita Romano**...again another useful tool to try something new. I hope you all enjoy exploring the world of food and diving into something new rather than what you've been taught and told about food.

I believe that most of the problems regarding health, are related to the amount of processed food, which the body does not recognize as food; far removed from the seed or source. We have been taught that we don't have time to eat/cook food. I make my own meals and it does not take me a lot of time. I use my organizational tools so I can plan ahead. It's easy, fast and I can relax and enjoy my food for days without having to think about what I am going to cook, or in my case, not cook — just chop!

Important: I want to say that I personally tell everyone I know to not eat margarine at all; a nasty chemical concoction that I believe does not belong in a human body.

So, be adventurous and try something new while eating more raw foods. Enjoy the delicious and buffet of life! Until next time...HAPPY EATING!



*Paw Prints on the Heart!*

## **ALERT: Please Choose "Safe" Peanut Butter for your Dog!!**

Many people have read about using peanut butter as a dog treat, to stuff into a Kong for a busy playtime, or to disguise meds. It's also a very popular training tool by obedience trainers, Dog Whisperers, and rescue organizations.



Peanut butter has been a favorite, nutritious treat many canine owners have given to their dogs for many years. Not only has it been a good source of protein, but it also contains heart-healthy fats, B Vitamins, Niacin, and Vitamin E. However, be sure to choose a safe one.

Or, you can choose from a variety of "specially made for dogs" peanut butters. One brand we like is DOGSBUTTER and the company donates a jar for every jar you purchase. Here's a link to their (cats too!) website:

[www.entirelypets.com/dog-for-dog-dogsbutter-immunity-digestion-16-oz.html](http://www.entirelypets.com/dog-for-dog-dogsbutter-immunity-digestion-16-oz.html)

**WARNING:** A new type of peanut butter (and other nut butters) is being sold with less sugar, but now includes **xylitol** as a sweetener. While xylitol is OK for humans, it's **extremely toxic to dogs**. Even if your puppy has eaten a small amount of xylitol, the repercussions are known to cause hypoglycemia (low blood sugar), seizures, liver failure, or even death. The higher the dose ingested, the greater the risk of liver failure complications.

The most common source of xylitol poisoning reported to the Pet Poison Helpline (800-213-6680; [www.petpoisonhelpline.com/contact](http://www.petpoisonhelpline.com/contact)) is *sugar free gum*. As xylitol is becoming more popular and is included in more and more foods, we all have to be on high alert as our dogs will naturally find these foods appetizing as well. *Remember, many of our canine best friends practice the art of stealth food burglary.*



## Questions? Concerns? Stories of Wellness?



At the end of the 9-week *AltWaters™* System, Paula W. was using the **Memories** formula along with the **SoulPower** and experienced an amazing reaction:

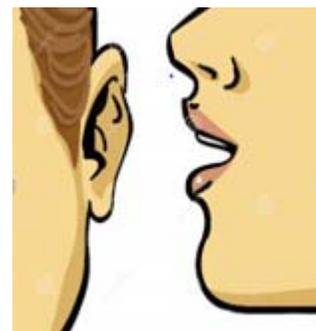
"You asked that I let you know how it affected me. I was still pretty congested when we talked and I was having nosebleeds every day. I think they were from the sinus area because of the clotting I was seeing. Well, immediately upon drinking the water with the five half droppers of **Memories** in it, I felt absolutely better. It was unbelievable. The next morning I put the rest of it in the water with the maintenance drops and still felt better that day. The following day I didn't have any '**Soul Power**' in the water as my order hadn't come yet and I dipped again. I actually felt like I backtracked. Then the bottle came so I immediately added half a dropper to the remaining water and I perked back up. It really helped.

The nosebleeds reduced to clearing clots, which is where the residual blood seemed to be coming from. So every morning I use 'Ocean' drops to clear out and I'm good for the day. The congestion has gone down to just the clearing in the morning. I feel fine and I do believe the **SoulPower** hastened the cleansing or whatever I was having.

I appreciate your input and I'm looking forward to feeling better and better as things regenerate. The eye watering has all but stopped so I guess the retinas have healed. And as I mentioned, I no longer eliminate the water as soon as I ingest it so my cells are now being hydrated as they should. Those two things are very obvious positive effects of drinking the waters. "

Paula W., Palm Coast, FL

Tell a friend...  
if they purchase the 9-week *AltWaters™* System,  
YOU get a \$27 **referral fee** credit  
toward your future purchases of *AltWaters™* products.





**Cognitive Dissonance...**

“Sometimes people hold a core belief that is very strong. When they are presented with evidence that works against that belief, the new evidence cannot be accepted. It would create a feeling that is extremely uncomfortable, called cognitive dissonance. And because it is so important to protect the core belief, they will rationalize, ignore, and even deny anything that doesn’t fit in with the core belief.”

**Frantz Omar Fanon, 1925-1961**

**Afro-Caribbean psychiatrist, philosopher, revolutionary, author of books & movies**

It’s discouraging to think how many people are shocked by honesty and how few by deceit.”

**Sir Noel Coward, 1899-1973**

**English (very British) actor, dramatist, lyricist, singer, director, playwright, composer, painter**

**DIVINE INTERVENTION....**

**I CLAIM Divine Intervention  
for \_\_\_\_\_**



**In The Name of Yahveh**

**On an Absolute Basis, all in Divine Right Order  
Continuing, Eternally self-sustaining, and Exponentially.**

**It is so DECREED**

**Thank you, Yahveh.**

**Thank you, Thank you, Thank you.**

***And so it is.***

**(And remember— *when you believe it, you’ll see it*)**

***NOTE: Keep this prayer to use when you need it.***