

De-Aging – An Actuality!

By Carol R. Keppler, M.EI

What if we could live two hundred or even three hundred years? Easily! The scientists are telling us now that the time is getting close. Faux-youth is everywhere present if you have enough money and time. But let's talk about the real thing – living long and productive lives with energy, stamina and that youthful glow.

A true story – at 50 after raising a family of four, I felt old and dowdy and had acquired a “tummy” that made me look four months pregnant. A gynecologist hinted it could be uterine cancer – a wake-up call. I was amazingly motivated to find a better answer than “the operation”. My search led me to juice fasting, herbs and eventually to raw eating. It worked. Six months later, feeling healthier than I'd ever felt, I sent my gynecologist a note telling her the results of my crash course in self-healing. But that's not all; what I learned was the beginning of the de-aging process. Whatever your Chronological Age, with cellular cleansing Biological Age (body function) drops to “prime”, age 16. Do I like it? You bet I do.

The answer is not in wrinkle creams, Botox shots, or even Human Growth Hormone at two hundred to two thousand dollars a month. The truth is, the fountain of youth had been discovered right under my nose all along! It had to do with water, actually “structured” water programmed with the frequencies of multiple herbs and other “naturals.”

By drinking a quart a day (in ounces), the 75 trillion cells in my body were re-hydrating and toxins neutralizing, allowing my cells to vibrate with the subtle frequencies they needed for self-repair. Aging is nothing more, they say, than cells shutting down, dying off, because of a lifetime of accumulated debris. *Inhalation, ingestion, absorption, and injection are the pathways used to invade the territory of the body.* These toxins never dissipate on their own.

However, cells can be totally detoxed by a technology based on quantum physics, which no one quite understands, not even the quantum physicists!

While most de-aging techniques are limited in scope, quantum energetics did it for me by providing a once-in-a-lifetime deep cellular cleanse, which I finished in just 12 weeks. Now cellular regeneration could begin; cells, organs, muscles, brain, bones, even teeth are capable of regeneration, so say the scientists. I call that *youthing*.

Cells were designed to self-repair once they are cleared of toxins. Then all that's needed is sufficient “pure” water and plenty of “live” foods, which I knew helped keep my weight down. Add a daily dose of exercise (walking the dog counts) and I figure I could easily live to 100. I know if I leave any one of those out my days will be numbered accordingly. And science agrees.

It's been a long time since that visit to the gynecologist. Now at 84, I've been called the “Diva of De-aging”. Cleaning up the body at the cellular level and drinking plenty of water is so simple, but it really works!

And as for me, it's such fun to be this “old” and to feel great – no aches, no pains. No meds. And to look twenty years younger – that's a real deal!

Now my passion is letting all the rest of you in on my secret. I've been “there” and I didn't much like it! Mark Twain said it so well, “*You can no more tell what you don't know than come back from where you ain't been*”.